

Mental Health Services in Lincolnshire

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Acting Chief Executive
LPFT
9th March 2021

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Agenda Item 7f



The people we serve

Lincolnshire Partnership
NHS Foundation Trust

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50 sites

Community and hospital

 **756,000**
Lincs population

 **160,000**
NE Lincs population



Ratings

Overall trust quality rating

Good ●

Are services safe?

Good ●

Are services effective?

Good ●

Are services caring?

Good ●

Are services responsive?

Good ●

Are services well-led?

Outstanding ☆



Lincolnshire Partnership

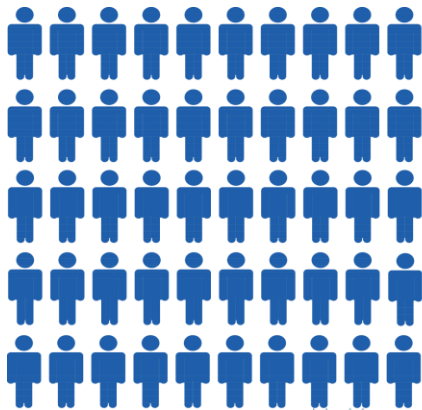
NHS Foundation Trust

50

locations



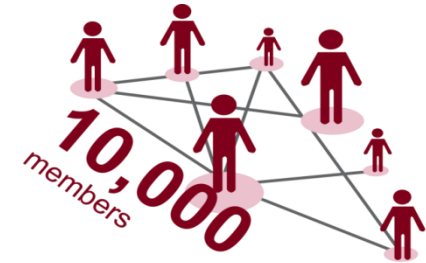
income



50,000
Service users



360,000
appointments



10,000
members

2,500
staff



Our services

Adult inpatient and urgent care

- Acute inpatient
- Psychiatric intensive care
- Mental health rehabilitation
- Low secure forensic inpatient
- Crisis and home treatment
- Clinical decisions unit
- Police call centre
- Urgent response vehicle

Adult community

- Steps2change (improving access to psychological therapies)
- Community mental health
- Community forensic
- Psychological therapies
- Community Perinatal
- Early intervention in psychosis
- Veterans mental health
- Social care
- Personality and complex trauma
- Managed Care Network



Our services

Specialist

- Children and adolescent community mental health
- Healthy Minds Lincolnshire
- Mental health support teams for schools
- Learning disabilities
- Autism assessment
- Eating disorders
- Sexual assault referral centre
- Dietetics
- Health services for Lincolnshire Secure Unit

Older People and Frailty

- Inpatient – cognitive and functional
- Community
- Mental health hospital liaison
- Neuropsychology
- Physical healthcare psychology
- Mental health home treatment
- Dementia home treatment
- Dementia support service



Our purpose & vision



Lincolnshire Partnership
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Our vision

To support people to live well in their communities

It starts with me...

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Compassion

Acting with kindness



Pride

Being passionate about what we do



Integrity

Leading by example



Valuing everybody

Using an inclusive approach



Innovation

Aspiring for excellence in all we do



Collaboration

Listening to each other and working together



Covid Response

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mh mentalhealthmatters **NHS**

SUPPORTING YOU WITH YOUR MENTAL WELLBEING DURING COVID-19

The current pandemic is difficult for us all and more people may be experiencing stress, anxieties, or low mood and not know where to turn for support. Below is a quick guide to some of the resources available in Lincolnshire to support people struggling with their mental wellbeing.

- 24/7 mental health helpline**
Call 0800 001 4331
For people who are feeling low, anxious or stressed and think that talking to another person may help them cope. The mental health helpline in Lincolnshire is open 24/7. The team can also help signpost to other support where necessary.
- Here4You advice line**
For children, young people and their families
Call 01522 309120 (open 24/7)
The advice line offers support for young people's emotional wellbeing and mental health. It is available to children, young people, parents, carers and professionals in Lincolnshire. For more information about the Here4You advice line and children and young people's services visit www.lpft.nhs.uk/young-people/here4you
Self-help guides are also available at www.lpft.nhs.uk/young-people
- steps2change talking therapies**
Self-refer at www.steps2change.nhs.uk
Anyone over the age of 16 can self-refer or contact their GP for a referral to our steps2change talking therapies service. steps2change continue to offer telephone and video appointments, webinars, as well as a range of online and self-help therapies.
- Lincolnshire's Recovery College**
Join free educational courses on mental health and wellbeing
People over the age of 16 can access free educational courses on mental health and wellbeing through the Lincolnshire Recovery College. Their courses are designed and delivered by people with lived experience of mental ill health, qualified trainers and health professionals. Visit www.lpft.nhs.uk/recovery-college

www.lpft.nhs.uk

- Reduced capacity – teams innovated to deal with demand
- Safety the priority
- Digital first – not digital only approach
- 7 day community team working
- Performance maintained with focus on Out of Area impacts



Covid Response- Mutual Aid



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Lincolnshire staff Emotional Wellbeing Helpline

Open to all Lincolnshire health and care staff

Monday - Friday 9am - 5pm

lpft.staffwell-being@nhs.net
01522 518609

Mental health advice line for professionals

Telephone helpline offering mental health advice, guidance and signposting to statutory, third sector, voluntary and wider community services

Call **0303 123 4000**
Ask for professional advice line

www.lpft.nhs.uk

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Lincolnshire health and care staff can self refer for priority access to steps2change talking therapies

www.lpft.nhs.uk/LincsStayingWell
or speak to your HR/Occupational Health Team about a referral

Who's looking after you?

Visit www.lpft.nhs.uk/LincsStayingWell
Find out what support is available for health and care staff in Lincolnshire.



Supporting people to live well in their communities

Horizon Scan

- Increased demand driven by Covid
- Community Transformation- click to find out more [Lincolnshire Community Mental Health Transformation on Vimeo](#)
- Upskilling citizens, carers and other professionals- demystifying Mental Health
- Integrated placed based teams
- Population Health Management and Health Equality
- Eradicating Dormitory Wards
- Patient and Carer Experience- person centred and high quality



Any questions?

